

SafeNetWS

SafeNet Center Counseling, Education, Legal Advocacy, & Hospitality House Emergency Shelter

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UPCOMING EVENTS:

- Scrabble Tournament - March 23, 2015 at the Ambassador
- Party in the Big Backyard - July 11, 2015 at 200 block of East 9th Street
- Erie Gives - August 11, 2015 online
- 100 Women Ruby Slippers 2 - Fall 2015, location TBD
- Boo Run - October 25, 2015 at Presque Isle

WISHLIST:

- Flat Screen TV for Shelter that can be mounted on the wall. (The console model that was used is broken and beyond repair)
- Books: *Why Does He Do That* by Lundy Bancroft and *The Gift of Fear* by Gavin De Becker

NO MORE Is More Than A Slogan

You may have seen TV commercials recently using the phrase NO MORE. The NFL is currently running ads in which football players are saying NO MORE to domestic violence. No More ads have even run during the Super Bowl.

What you may be surprised to know that this is not a new campaign. The NO MORE campaign really began in 2009.

NO MORE is supported by major organizations, such as Kimberly-Clark, Verizon Foundation, and Allstate Foundation. Public figures and actors, such as Katie Couric, Blair Underwood, Mariska Hargitay and Debra Messing, have been featured on posters showing their support of NO MORE.

NO MORE, in all capital letters, is a symbol designed to give awareness and promote action to end domestic violence and sexual assault. The "O" in NO is a blue circle to represent a zero, as in a goal of zero instances of domestic violence and sexual assault.

"NO MORE calls on all of us together to end the silence and speak out against the violence experienced by people of all genders, races and ethnicities, and age



groups." (NO MORE website).

The NFL chose NO MORE to break the silence and spotlight this invisible problem in a new way. Eli Manning and Troy Vincent are prominently featured on commercials speaking out against domestic violence.

And it's not just the NFL.

Organizations such as the Jewish Women International and the YWCA have partnered with NO MORE for years to show their support.

What does this mean to you? The NO MORE website has some interesting statistics.

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SafeNet in the Community—Medical Advocacy

As one of twelve prototype programs in the nation, SafeNet's medical advocacy program and our collaboration with area hospitals has provided professional education, training, and protocol development aimed at early identification of domestic abuse. SafeNet

offers this training at no charge to the hospitals.

SafeNet advocates are on-call at local area hospitals 24 hours a day to assist Domestic Violence victims with safety planning and to connect them with counseling, shelter, and

other services.

Domestic Violence, known as Intimate Partner Violence (IPV) within the medical field, is the leading cause of injury to women between the ages of 15 through 44 in the United ...

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Members of the Erie Women's Fund present a check to Robyn Young (third from left), SafeNet's Director of Counseling
On hand for the check presentation are EWF members Kathy Dammeyer, Janet Peters, and Georgia Del Freo. The EWF sponsored financial self-sufficiency training for SafeNet clients.

FACT: (The Next Step)

SafeNet was awarded a grant from The Women's Fund of the Erie Community Foundation to sponsor "The Next Step." This program is a collaboration between SafeNet and the Greater Erie Community Action Committee (GECAC). The Program was developed to address issues of poverty affecting victims of domestic violence.

SafeNet employees have been trained to be instructors of the "FACT" curriculum developed by GECAC. This course was developed to help participants understand poverty, develop plans for the future, and provide support to aid them achieve their goals.

"FACT" offers financial literacy training and each participant must develop writ-

ten goals to achieve in 18 months. The course helps victims become self-sufficient and work to build self-esteem, gain confidence, and learn from group interaction.

GECAC has also developed a "Self Sufficiency Scale." This is a measurement tool that participants will complete 4 times during the 18 month period. One example of one goal is to find permanent housing for those in SafeNet's transitional housing program.

Community mentors provide friendship and meet with participants once a month to review accomplishments and ensure the plan is following to completion. To become a mentor, call SafeNet at 814-455-1774.

NO MORE Is More Than A Slogan (continued from page 1)

"In 3 women and 1 in 4 men experience violence from their partners in their lifetimes."

"The next time you're in a room with 6 people, think about this:

- 1 in 3 women and 1 in 4 men experience violence from their partners in their lifetimes.
- 1 in 3 teens experience sexual or physical abuse or threats from a boyfriend or girlfriend in one year.
- 1 in 5 women are survivors of rape.

- 1 in 2 women and 1 in 5 men have experienced some form of sexual victimization in their lives.
- 1 in 4 women and 1 in 6 men were sexually abused before the age of 18."

These are real people. You may work with one or live next door to one. One may be in your family or go to your church. And these aren't just national statistics. These statistics also are representative of Erie, PA.

Watch for a new series of NO MORE ads to come out in March.

If you'd like to follow the NFL's lead, spread the word about NO MORE. Talk about these issues. Break the silence. Speak out.

If you'd like to become more involved, contact SafeNet about volunteering and donating opportunities.

It's time for Erie to say NO MORE!

NO MORE
"IT'S JUST THE WAY PEOPLE ARE"



NO MORE
"HE WARNED HER"



NO MORE
"HE JUST NEEDS TO GET OVER IT"



How to Answer the Question - "What Does SafeNet Do?"

SafeNet provides services to people victimized by domestic violence and relationship abuse.

The topic of domestic violence has been very prominent in the national news in 2014.

SafeNet is Erie's only accredited domestic violence agency. SafeNet has been providing services to victims of domestic violence for 41 years and provides these comprehensive services free of charge.

About 1500 people utilize SafeNet services annually in Erie County. SafeNet's free and confidential services are listed below.

- **Emergency Shelter.** Hospitality House opened its doors in 1974. It continues to provide confidential, safe, short-term emergency housing available 24/7. Of the 500 victims sheltered each year, half are children under the age of 12.

- **Counseling and Advocacy.** SafeNet's core services are counseling and advocacy. A central theme in counseling is safety planning. This involves not just physical safety, but emotional and psychological as well. This service is available at the offices at 1702 French Street, Erie, at local hospitals, schools, and public housing. SafeNet also has a 24/7 counseling hotline.

- **Legal Representation.** SafeNet provides attorney representation for Protection From Abuse Orders and other legal issues resulting from the abusive relationship.

- **Children's Programs.** These programs are evidence-based and incorporating many activities that build self-esteem and broaden a child's network of support. Children are counseled in residential programs and in community-based counseling. As domestic violence is a learned behavior, counseling and re-training children is the key to breaking this generational cycle of abuse.

- **Education and Training.** SafeNet provides training to police officers, health care workers, and many others so that our community support system has a better understanding of the challenges and barriers faced by families trying to free themselves from abuse.

- **Transitional Housing.** SafeNet has two established transitional housing programs for those who cannot find a home after their short term stay in shelter. The programs focus on self-sufficiency and with an end result of safe affordable permanent housing. Bridge House is for victims of domestic violence and TLC is for young mothers age 16-21.

SafeNet is committed to ending domestic violence through our programs, training, and educational initiatives. We believe every individual has the right to be respected and to live a life free from abuse.

Santa's Helpers With Many Donations for SafeNet Clients and Their Children



National Honor Society Students from Erie Technical School brought wrapped Christmas gifts to SafeNet for clients and their children.
Included in the photo are Mr. Bob Craft, Nick Bruce, Michael Conley, Jordan Mineo, Corey Rice, Ester Ridel, Brittany Miniaci, Kale Burkhardt Laura Niedyelski, and Emalie Williams.



56 Members of the GE Women's Fund purchased Christmas gifts for clients at SafeNet and Mercy Center.
Delivering gifts to SafeNet are GE employees Nicole Young, Megan Caldwell, Brooke Young, and Alison Kaminski.



Vicary Insurance donated 18 fruit baskets with fresh fruit and candy and a super-sized basket.
Shown here are Richard Vicary III, student at Cathedral Prep, Erika Muhammed, SafeNet Children's Advocate, and Richard Vicary II, President of Vicary Insurance.

SafeNet in the Community—Medical Advocacy (continued from page 1)

...States—higher than automobile accidents, rapes, and muggings combined. It is estimated that 1 in every 3 women in the United States is touched by abuse—a higher prevalence than diabetes, cervical cancer, and breast cancer. IPV is also the leading cause of injury and death among pregnant women.

The “Health Care Response Act” mandates screening and education for IPV. Failure to identify IPV can initiate multiple health care costs, incorrect diagnosis, costly and inappropriate medical testing, and on-going morbidity and mortality among victims.

SafeNet is on-call with all Erie hospitals 24/7 and a SafeNet advocate can meet with patients who may be victims of IPV.

SafeNet

1702 French Street
Erie, PA 16501

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U. S. POSTAGE
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ERIE, PA

814-455-1774
24/7 Hotline: 814-454-8161

Visit us at our website:
www.safeneterie.org

SafeNet

Domestic Violence Safety Network

Erie's Only Accredited
Domestic Violence Agency

Save the Date for SafeNet's First Ever...



Monday, March 23, 2015

At the Ambassador Banquet and Conference Center, 7794 Peach Street, Erie

5:30 pm Hors D'oeuvres, Cash Bar, and Chinese Auction • 7:00 pm Scrabble play begins

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Tickets are \$50/adult and \$25/student

For additional information, go to www.safeneterie.org.
To RSVP, go to GoErie.com/safenettournament
or call SafeNet at 814-455-1774 ext. 227.

Hors D'oeuvres and Dessert Sponsors

La Bella Restaurant, Summer House Café, Calamari's Squid Row,
Kathy Fling Desserts, Franco's Café, Bertrand's Bistro,
Hooch and Blotto's Sports Bar & Grill, Three Sisters Catering, and
Like My Thai?



Proceeds Benefit SafeNet Children's Programs